



# WASHINGTON BIATHLON

PRESENTS

## SUMMER BIATHLON COMPETITION #1 MOUNTAIN BIKE BIATHLON #1

OF THE

WASHINGTON CUP SERIES

## Mass Start Format

(6km Men and 5km Women, M4 Men and Juniors)

FOLLOWED BY

## MOUNTAIN BIKE BIATHLON

(9km Men and 6km Women, M4 Men and Juniors)

**July 9<sup>th</sup>, 2017**

at the

**Seattle Police Athletic Association**

11030 E. Marginal Way S, Tukwila, WA

# RANGE SET UP AND PRACTICE JULY 8<sup>TH</sup>, 2016 FOR SAFETY CERTIFIED COMPETITORS

## COMPETITION PARTICULARS:

**Competition Site:** The Seattle Police Athletic Association (SPAA) is located at 11030 East Marginal Way S, Seattle, WA. It is south of Boeing Field a few blocks south of the Boeing Access Rd. From I-5 take Exit 158 and go west to East Marginal Way S then south underneath the light rail tracks. Look for the SPAA sign (low) and the WBA banner on the fence at the entry driveway.

**Eligibility:** WBA races are open to all members of the United States Biathlon Association, age 8\* and older, who have completed a USBA Rifle Safety Certification Course. One-day USBA memberships are included in the entry fee.

\*Youth competitors under 14 must have the safety clinic and additional marksmanship training

**Ammunition:** Biathlon rifles use low or standard velocity .22-caliber ammunition with 40 grain lead bullets. The WBA will supply 50 rounds to each competitor (if they request it). Additional ammunition, if needed will be sold at the race site for \$7 to \$10 for 50 rounds.

**Volunteers:** Volunteers are always needed. Please contact Race Director Bob Vallor via e-mail bob.vallor(at)wabiathlon.org if you can help. Volunteering is not difficult and is a great way to get to see the competition up close and to get to know the sport.

**Safety Certification:** There will be a safety certification course given at 8:30 am at the race site. Watch the WBA website for additional safety certification classes. Safety Certification by a U.S. Biathlon Official is required prior to participation in a Biathlon competition.

### Race Day Format and Schedule

Saturday will be range set up and practice for competitors who have been USBA Safety Certified

Sunday will be a modified Individual format race: men's 7km and women's 6km with four shooting bouts.

- 8:30 to 9:30 am: USBA Safety Class (if needed)
- 8:30 to 9:30 am: Onsite registration at the Range (pre-registering by Web-Scorer is required)  
Sorry we cannot accept credit or debit cards. Make checks out to Washington Biathlon Association
- 10:00 to 10:15 am: Equipment Check – all competitors must go through equipment check
- 10:15 to 11:00 am: Zero - Rifle sight-in
- 11:15 am: Race time – Individual Start (Several heat start times may be posted, depending on numbers)

**When to Arrive at the Range:** Early arrival at the range is encouraged as help with range and course set-up that will be needed prior to zero. Please do your part and help with set-up before the race and breakdown after the race. Awards and prize raffles take place at the race site after breakdown is completed. We generally do not get done until 2:30 to 3:00 pm.

**Rifles:** Pool rifles will be available for novices and those without their own. These are Izhmash biathlon rifles. We only have a limited number of rifles to loan. Contact the race director if you need to borrow a club rifle: bob.vallor(at)wabiathlon.org

**Lodging:** The nearest lodging is along International Blvd. near SeaTac International Airport, about five miles south from the race site.

**WASHINGTON CUP Series Points:** This is the third competition of the 2017 Summer Biathlon Series. Biathlon Competition Series Points are awarded based on finish position. After the September Competition, points will be totaled and the senior male, senior female, junior male, junior female, youth boys and youth girls biathletes with the most points will be named Washington Cup 2017 Champions. The IBU International Point System will be used.

**Washington Biathlon Association  
Summer Biathlon Race Entry Form**

Date of Race \_\_\_\_\_

(Please print clearly)

NAME \_\_\_\_\_ DOB/AGE \_\_\_\_\_ / \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Phone \_\_\_\_\_ E-MAIL \_\_\_\_\_

Please Circle:                      Male                      Female

Due to insurance coverage and sanctioning regulations membership in the United States Biathlon Association is required for all participants. Annual (\$50) and per day (\$10) memberships will be available at the site. Note: We are not able/equipped to take credit or debit cards.

<b>Entry Fee</b>	\$50		see discounts below
	Juniors & Youth \$30		
WBA Annual Membership	\$25 (not required but triggers discount)		
WBA Member discount	Minus \$5 per day for WBA members		
USBA Membership # _____ (required)	Minus \$10 for USBA annual members		
	<b>TOTAL</b>		

**REGISTRATION BY WESCORER AND PAYMENT VIA PAYPAL IS REQUIRED UNLESS ADVANCED ARRANGEMENTS  
ARE MADE TO REGISTER RACE DAY  
SEND PAYPAL PAYMENT TO: [bryn.black@wabiathlon.org](mailto:bryn.black@wabiathlon.org)  
DAY OF RACE REGISTRATION – CASH OR CHECKS ONLY**

please make checks payable to:

**Washington Biathlon Association**  
PO Box 30138  
Seattle, WA 98113

Pre Competition Training: A U.S. Biathlon Association Safety Class is required to compete in this event. The WBA will provide U.S. Biathlon Safety Classes several times prior to this event. In addition the WBA will give a one-day Biathlon Orientation Clinic on race morning if needed.

visit [www.wabiathlon.org](http://www.wabiathlon.org) for more information.

**Season Points:**

For the 2016 Summer Biathlon Season, the International Biathlon Union race points system will be in effect. Points a competitor receives from each of the competitions will be totaled at the end of the September competitions and the male and female biathletes with the most points will be named WASHINGTON CUP Summer Biathlon Champions in qualifying age categories. See [www.wabiathlon.org](http://www.wabiathlon.org) for dates and times of the competitions

